

Lighthouse MBT-Parenting Programme (LPP)
Five Day Basic Online

Date: **7 to 11 June 2027**

Time: **9.30 am to 4.30 pm**

Online, live training with LPP founder Gerry Byrne via Zoom

The Lighthouse MBT-Parenting Programme (LPP) is an evidence-based intervention, underpinned by research in the fields of attachment, child development, trauma and neuroscience and by core psychoanalytic concepts that offer insight into how our minds and relationships work.

The framework is developed for parents who struggle to know how to understand and respond to their children's emotional and behavioural difficulties. LPP interventions help parents to manage their own emotions, and to develop skills in noticing and thin king about their children's complex internal experiences.

The Lighthouse MBT-Parenting Programme (LPP) equips you with the skills and understanding necessary to foster healthier parent-child relationships. Participants in this five-day training course should be qualified health professionals who are familiar with basic MBT principles. This training is particularly valuable for clinicians interested in blending practical application with ongoing research.

Course goals: Attendees will leave ready to implement the programme with supervision; understand both MBT generic and Lighthouse MBT-Parenting Programme-specific competencies; experience the parent's perspective in a group setting.

Accreditation: Attendees will be given a certificate of attendance certified by Solas Oxford, the sole licenced training institution for the Lighthouse MBT-Parenting Programme (LPP).

Tutors: Gerry Byrne and Rory Bolton

Cost: £1000

To book: https://buy.stripe.com/7sYfZg2OEgNX16R0nfe7m0q

For more information please get in touch info@solasoxford.com
https://solasoxford.com

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