



SOLAS OXFORD

Lighthouse MBT-Parenting Programme (LPP)

Three Day Advanced Online Training

Attunement, We-ness and Therapeutic Use of Self

Tutors: Gerry Byrne and Rory Bolton

Date: 9 to 11 July 2025 | 9.30 to 4.30pm | Online through Zoom

The Lighthouse MBT-Parenting Programme (LPP) **Advanced Three Day Training** builds on the skills taught in the LPP Basic Training Course. It is a requirement for LPP facilitators interested in becoming supervisors and/or trainers.

Participants have opportunity to cover some of the more difficult concepts and interventions involved in delivering LPP interventions with parents over a three-day period. Participants will also be supported to consider in detail the complex interactions that unfold within individual and group treatments for parents.

It is a highly experiential training, with supervised *real plays* and *role plays*, as well as some didactic teaching using video clinical material.

Topics covered in the three day masterclass are:

- **Experiential Real Plays** of the modules 'Rooms in the Mind' and two other *Real Plays* of the participants' choice (can be chosen in advance or on the day)
- **Therapeutic Use of Self** – i.e. the use of transparency and disclosure in the promotion of a mentalizing dialogue
- **LH Group Dynamics**, including:
 - advanced engagement and attunement skills
 - generating 'We-ness', and
 - the co-facilitator relationship



Course Goals: Attendees will achieve a deeper understanding of the Lighthouse MBT-Parenting Programme (LPP) and be strengthened in their own group and individual therapeutic skills. This advanced training is an essential component for LPP facilitators who wish to progress on the pathway towards becoming a LPP supervisor and/or LPP trainer.

Accreditation: Attendees will be given a certificate of attendance certified by Solas Oxford, the sole licenced training institution for the Lighthouse MBT-Parenting Programme (LPP).

For more information please get in touch with us. | Contact: info@solasoxford.com | <https://solasoxford.com/>

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